

# Additional Resource List for Perinatal Bereavement

- **Prenatal/Pregnancy Resources:**

- Elective Ultrasounds

- Baby & Co 4D, Troy: <http://www.babyandco4d.com/>

- Becoming Mom, Cincinnati: <http://www.becomingmomspa.com/>

- Bright Beginnings 4D, Springboro: <http://www.brightbeginnings4d.com/>

- First Expressions, Columbus: <http://www.firstexpressions4d.com/>

- Maternity Photographers

- Danielle DeBorde Photography: <http://www.danielledebordephotography.com/>

- Health and Wellness

- Inner Dance Yoga: <http://www.innerdanceyoga.com/>

- Day Yoga Studio: <http://www.dayyogastudio.com/classes/class-descriptions/open-classes/prenatal-yoga>

- Massage Envy: <http://www.massageenvy.com/types-of-massage/prenatal.aspx>

- Gravity Spa: <http://www.gravityspa.com/>

- **Birth Resources:**

- Dayton Area Hospitals & Birthing Centers

- Kettering Health Network Maternity: <http://ketteringhealth.org/maternity/>

- Miami Valley South: <http://www.miamivalleyhospital.org/mvhdefault.aspx?id=68581>

- Good Samaritan Family Birthing Center: <http://www.goodsamdayton.org/familybirthing/>

- Miami Valley Hospital Family Beginnings: <http://www.miamivalleyhospital.org/familybeginnings/>

- Dayton Area Assistance Programs

- Dayton Area Labor Support: <http://www.daytonarealaborsupport.org/site/default.asp>

- Healthy Mommy, Healthy Baby: <http://www.phdmc.org/health/community/hmhm>

- Stork's Nest: <http://www.daytonlife.org/storksnest.htm>

- **Welcoming Resources:**

- Dayton Area NICUs

- Kettering Medical Center: <http://ketteringhealth.org/maternity/neonatal.cfm>

- Miami Valley Hospital: <http://www.miamivalleyhospital.org/nicu/>

- Dayton Children's Hospital:

- [http://www.childrensdayton.org/cms/dayton\\_childrens\\_services/c95ea88b3de8b814/index.html](http://www.childrensdayton.org/cms/dayton_childrens_services/c95ea88b3de8b814/index.html)

- **Farewell Resources:**

- Photography & Retouching Services

- Now I Lay Me Down To Sleep: <https://www.nowilaymedowntosleep.org/>

- AngelPics Project: <http://www.babyangelpics.com/>

- Heartprints: <http://www.heartprints.net/>

- Funeral Homes, Crematoriums

- Newcomer of Dayton: <http://www.newcomerdayton.com/>

- Burial Options

- Heaven's Gain: <http://www.heavensgain.com/>

- David's Gift: <http://www.davidsgift.org/>

- Hearts in Heaven: <http://www.heartsinheaven.org/financial-assistance/how-to-apply/>

▪ **Healing Journey Resources:**

Breastmilk Donation

Eats on Feets: <http://www.eatsonfeets.org/>

Human Milk for Human Babies: <http://hm4hb.net/>

Mothers' Milk Bank of Ohio: <https://www.ohiohealth.com/milk-donation-process/>

Human Milk Banking Association of North America: <https://www.hmbana.org/>

National Milk Bank: <http://www.nationalmilkbank.org/>

Dayton Area Loss Support Groups

Perinatal Loss Support:

[http://www.childrensdayton.org/cms/dayton\\_childrens\\_services/7d93e0b2821c1130/index.html](http://www.childrensdayton.org/cms/dayton_childrens_services/7d93e0b2821c1130/index.html)

Silver Linings: <http://www.womenscenter.org/Services/ongoing-support-classes.html>

Face2Face: <https://www.facebook.com/pages/Face2Face-Dayton-Ohio/172952039416451?sk=timeline>

Compassionate Friends: <http://www.miamivalleytcf.com/>

Dayton Area Community Churches

Faith Christian Fellowship, Beavercreek

Student House of Prayer, Beavercreek

Apex Community Church, Kettering

Shelter Community Church, Kettering

The Vineyard, Multiple Locations

Tangible Memorial Ideas

A Heart to Hold: <http://www.ahearttohold.org/>

Molly Bears: <http://www.mollybears.com/>

Everlasting Candles: <http://memoryofcash.com/shop.html>

Memory Chests: <https://www.etsy.com/shop/staciedale>

▪ **Reading Material & Online Resources:**

Recommended Books

Daring Greatly – Brené Brown

You Are The Mother Of All Mothers – Angela Miller

Grieving The Child I Never Knew: A Devotional Companion For Comfort – Kathe Wunnenberg

In A Heartbeat: A Faith Parenting Guide – Dawn Siegrist Waltman

Empty Cradle, Broken Heart: Surviving The Loss Of Your Baby – Deborah L Davis

Couple Communication After A Baby Dies – Sherkoee Ilse

Recommended Websites

Stillbirthday: <http://www.stillbirthday.com/>

Still Standing Magazine: <http://stillstandingmag.com/>

CarlyMarie, Project HEAL: <http://carlymarieprojectheal.com/>

Faces of Loss: <http://facesofloss.com/>

October 15<sup>th</sup>: <http://www.october15th.com/>

Healing Hearts: <http://www.babylosscomfort.com/index.php>